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030: Leading with Emotional Intelligence: Psychology of Leadership - 6.0 CEUs

CEU: 6.0 **Duration:** 18hours 45minutes **Tuition:** $5,700

Course Banner

Teachers:

- Debra Lockett (PMP Certification, Project Management and Telecommunications)

Course Topics:

- Emotional Intelligence
- Managers & Leaders

Program Locations & Dates:

- London, UK: Jun 15-19
- Houston, Texas USA: Jul 13-17
- Houston, Texas USA: Oct 5-9

Program Tags:

- Leadership

About Course

The **Leading with Emotional Intelligence: Psychology of Leadership** course is a transformative experience designed for individuals eager to master the strategies of emotional regulation, personal productivity, and interpersonal leadership. Built on expert facilitation, interactive sessions, and practical exercises, this limited-capacity seminar empowers participants with actionable insights and skills to lead with emotional strength and psychological awareness.

More than just a training, it is a community-driven platform to connect, learn, and grow. This AEMPIN Emotional Intelligence session guides leaders to develop the ability to positively influence themselves, others, and teams, laying the foundation for emotionally intelligent organizations.

Course Overview

Gain the ability to recognize and positively manage emotions in yourself, in others, and in groups. Emotional intelligence is now recognized as a critical component of effective leadership. This AEMPIN program delivers practical knowledge and essential tools that enable leaders to harness emotional dynamics to build trust, foster collaboration, and lead change confidently.

By exploring the psychology of leadership, participants will enhance their communication skills, conflict resolution abilities, and

overall leadership effectiveness. Through engaging, real-world application, this course empowers leaders to lead with authenticity, resilience, and emotional insight.

Course Objectives

- Gain an honest and accurate awareness of yourself
- Monitor and adapt your own emotions and behaviors for your benefit and that of your team
- Positively influence the emotions and motivation of others
- Develop emotionally intelligent and cohesive teams
- Foster a work environment rich in emotional awareness
- Adapt effectively to various personality types
- Understand and apply key psychological principles of leadership

Training Methodology

This course blends presentations with interactive exercises, video material, and case studies. Delegates will be engaged in activities that connect emotional intelligence principles to real-life workplace scenarios.

Organizational Impact

- Enhance teamwork and collaboration through improved emotional understanding
- Strengthen relationships within and across departments
- Foster a productive, emotionally intelligent organizational culture

Personal Impact

- Build competencies in emotional intelligence
- Improve personal and interpersonal emotional regulation
- Develop deeper self-awareness and confidence as a leader
- Understand and respond to personality and behavioral styles

Course Outline

- Introduction to Emotional Intelligence
- Psychology of Leadership and Communication
- Leading with Emotional Intelligence in Practice
- Creating and Managing Emotionally Intelligent Teams

Why This Course Matters

Anika Werner
People Operations Lead, Germany
"This seminar reshaped how I interact with my team. Emotional intelligence is now a core part of our leadership development."

Juan Carlos
Leadership Coach, Mexico
"The psychology of leadership and its application in emotional intelligence has made a tangible impact on my consulting work."

Folasade Ojo
Organizational Psychologist, Nigeria
"This course brought out the power of empathy and emotional leadership. It's essential for anyone leading people."

Course Content

Module 1: Foundations of Emotional Intelligence
Understand the fundamentals of emotional intelligence and why it matters in leadership.

- **Introduction to Emotional Intelligence**

- **The psychology behind emotional awareness**
- **Emotional intelligence in personal and team leadership**

Module 2: Emotional Self-Awareness and Regulation
Learn to monitor, adapt, and manage your own emotions effectively in leadership settings.

- **Developing emotional self-awareness**
- **Managing stress and emotional triggers**
- **Building resilience and emotional balance**

Module 3: Leadership Psychology and Communication
Apply psychological principles to lead and communicate with clarity, empathy, and influence.

- **The psychology of leadership and influence**
- **Effective communication strategies for leaders**
- **Managing conflict and building trust**

Module 4: Building Emotionally Intelligent Teams
Create cohesive, high-performing teams rooted in psychological safety and EI.

- **Psychological foundations of effective teamwork**
- **Fostering emotional safety in teams**
- **Coaching, motivation, and team cohesion**

Module 5: Adaptability and Personality Dynamics
Enhance your leadership adaptability through understanding personality styles.

- **Adapting leadership styles to different personalities**
- **Leveraging personality assessments in leadership**
- **Emotional agility in leadership decision-making**

Target Audience

Anyone who wants to create an emotionally healthy, productive workplace and organizational culture to enhance their effectiveness and their ability to form trusting relationships and manage their frustrations and those of others at work. This AEMPIN Leading with Emotional Intelligence training seminar will keep you current on recent, cutting-edge developments in leadership theory and practice, and help you better collaborate and manage conflict.

Certificate of Completion

Participants who successfully complete the "Leading with Emotional Intelligence: Psychology of Leadership" course will receive a Certificate of Completion. This certificate reflects your understanding of emotional and psychological dynamics in leadership. It affirms your ability to lead with empathy, build emotionally intelligent teams, and cultivate emotionally healthy, high-performing workplace cultures through proven leadership psychology.

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